



# Sacred Order of Living Paganism

Lesson Outline

Shanddaramon

Level One Class Three: The Elements and the Directions

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## Preparation

Spend some time outside noticing where each of the elements exist  
Observe yourself and your interactions and notice the force of each element

## Questions to consider:

What are the constituent elements of the universe?  
What are the four traditional elements?  
What does each represent?  
What is the fifth element?  
What is the meaning of the four ruled by the fifth?  
What does it represent?  
What are the seven directions?  
What are some correspondences to each element?  
How can you apply the concept of the elements to your own life?  
What are the traditional placements of elements on the altar?

## Study:

The Five Elements  
Matter to Energy Cycles  
Elemental Placements  
Elemental Properties

## Activity:

Determine your own relationship to the elements  
Determine your own placement of elements for your altar

## Recommended Reading:

- ◆ The Elements of Ritual: Air, Fire, Water, and Earth in the Wiccan Circle by Deborah Lipp
- ◆ Earth, Air, Fire, and Water: More Techniques of Natural Magic by Scott Cunningham
- ◆ The Elements: Earth, Air, Fire, and Water by Craig Childs and Art Wolfe (Photographer)

## Follow-Up

Send me your answers to the above questions  
Enter all information into your BoW

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# The Five Elements

## Fire

- Celtic Relationship
  - Heat of the Summer Sun
- Associations:
  - banishing, exorcism
  - strength
  - lust
  - employment
  - protection, change
  - legal matters
  - courage
  - anger
  - breaking curses
  - fidelity
  - astral travel
- Items:
  - candle
  - wand
  - iron
  - red or orange stones
  - matches
  - flint
  - ashes
  - torch
  - bracelet
  - solar disk
  - gold
- Magick:
  - candle
  - astral travel
  - sex magick

# Water

- Celtic Relationship
  - The Atlantic Ocean
- Associations:
  - romance
  - psychic powers
  - astral travel
  - dreams
  - meditation (calmness)
  - healing
  - spiritual pursuits
  - childbirth
  - death
  - rebirth
  - spirit contact
- Items:
  - cup
  - cauldron
  - bowl
  - pitcher
  - goblet
  - ring
  - barrel
  - trident
  - cool liquid
  - wine
  - cask
  - silver
  - convex shield
  - tea kettle
  - sea shells
  - paint brushes
- Magic:
  - cleansing
  - healing

# Air

- Celtic Relationship
  - The cold fog
  - the wind that blew in from the continent
- Associations:
  - travel
  - intellectual pursuits
  - communication
  - spiritual awakening
  - music
- Items:
  - staff
  - athame
  - feather
  - incense
  - earrings
  - broom
  - wind instruments
  - broach
  - smudge stick
  - letter opener
  - pen/pencil
  - fan
  - smoking pipe
  - copper
  - arrow
- Magic:
  - visualization
  - divination

## Earth

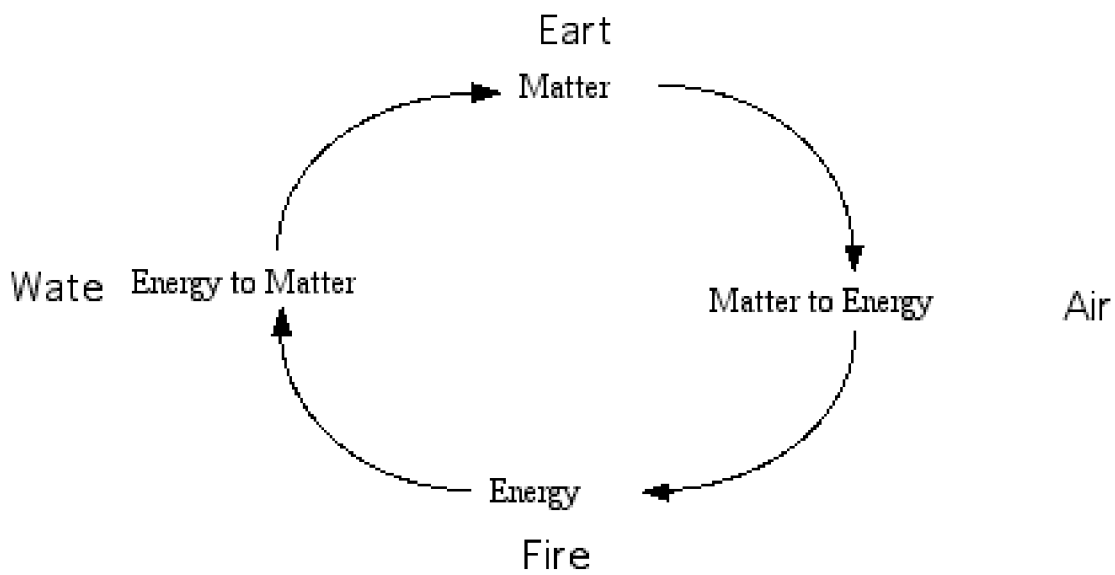
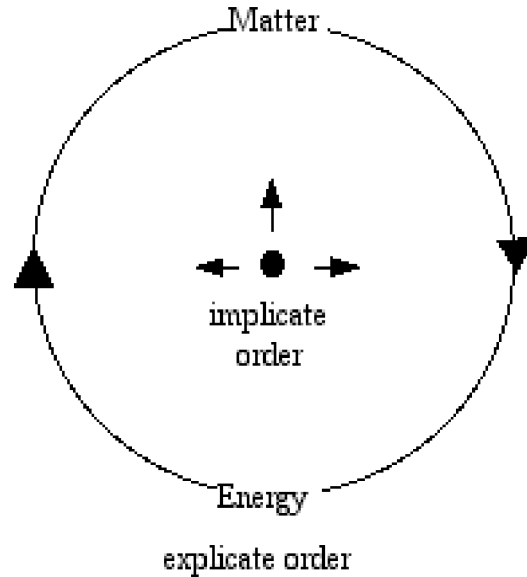
- Celtic Relationship
  - Land
  - snow to the North
- Associations:
  - fertility
  - magick for home and animals
  - prosperity
  - healing
  - grounding
- Items:
  - disk
  - wood block
  - stones
  - clay
  - bowl of soil
  - salt
  - sand
  - wheel
  - necklace
  - drum
  - bronze
- magic:
  - knots
  - grounding

## Spirit

- Celtic Relationship
  - The central element of the three
- Associations:
  - centering
  - binding
  - uniting
- Items:
  - pentagram
  - candle
  - cords
  - binding objects
  - pyramid

## Matter to Energy Correspondences

The elements are representations of two forces (dispersion and collection) acting on two manifestations (matter and energy) existing between implicate and explicate orders.



Fire = energy

Earth = matter

Air = dispersion of matter to energy

Water = collection of energy to matter

Fire and Air are domains of the God

Earth and Water are domains of the Goddess

The Fifth element, Spirit is the central binding force

## Elemental Placements

Traditional: (complimenters)

Use: rituals and traditional uses

earth

water center air

fire

Nordic: (opposites)

Use: balance of opposites, personal energy work, psychological

air

water center fire

earth

Divine: (providers)

Use: connection with masculine (God) and feminine (Goddess) energies

God

air

Goddess water center earth

fire

# Elemental Properties and Correspondences

	Air	Fire	Water	Earth	Spirit
direction	East	South	West	North	Center
color	yellow	red	blue	green, white	black, clear
season	spring	summer	winter		all
moon phase	waxing	full	waning	new	dark
time of day	morning	noon	evening	midnight	dawn, dusk
gender	mas-fem	mas	fem	fem-mas	androgynous
instrument	wind,bell	strings	cymbal, gong	drums	silence
tool	athame	wand	chalice	disk, censer	pentagram
time of day	dawn	noon	dusk	midnight	all
personal energy	mind	heart	soul	body	essence
human element	intellect	emotion	spiritual	physical	true essence
basic needs	air	heat	water	food	love
sense	smell	sight	taste	touch	sound
sense organ	nose	eyes	tongue	skin	ears
temperature	warm	hot	cool	cold	
body fluids	urine	blood	sweat	bile	
angel	Michael	Ariel	Raphael	Gabriel	
animal	birds	snakes	dolphins	bulls	
energies	magnetic	strong nuclear	weak nuclear	gravity	
sounds	Ee	Eh	Oh	Ah	Oo
magick	visualization	intention	spiritualization	actualization	letting go
creator	poet	lover	priest	prophet	
creativity	preparation	incubation	insight	manifestation	
bodies	mental	vital	theme	physical	blissful
knowing	conception	emotion	intuition	perception	
yoga	Ynana	Raja	Bhakti	Karma	
Jung	thinking	feeling	intuitive	sensing	
negative drives	arrogance	restlessness	sluggishness	greed	
meditation	mantra	breathe	creative	yoga	absorption
magick	visualize	energize	spiritualize	manifest	release
matter	gases	plasma	liquids	solids	bioplasmic
Christian	eagle	man	bull	lion	holy spirit
alchemy	sulfer	azoth	mercury	salt	